Zinc Citrate 50

Zinc is a trace mineral that is involved in more than 300 enzyme reactions in the body.* Zinc citrate is well-tolerated and well-absorbed.*

Suggested Use

As a dietary supplement, 1 capsule one to three times daily, or as directed by a healthcare practitioner.

Contraindicated with the use of aluminum containing drugs.

Keep in a cool, dry place, tightly capped.

WARNING: Consuming this product can expose you to lead which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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AllergyResearchGroup®

Zinc Citrate 50

Pure, Well-Absorbed Zinc*

dietary supplement

HYPOALLERGENI C

60 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	60
Amount Per Serving	**% Daily Value***
Zinc (as Zinc Citrate)	50 mg 455%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, rice hull concentrate, gum arabic, sunflower oil.

Formulated exclusively for Allergy Research Group®
South Salt Lake, UT 84115 www.allergyresearchgroup.com
Phone: 800.545.9960

Rev. 013.1