

EPA and DHA are important Omega-3 fatty acids that support cardiovascular health as well as being important components of the cells in the body.* 21ST Century Fish Oil contains high quality molecularly distilled fish oil concentrate.

Directions: As a dietary supplement, adults take one (1) softgel with any meal, up to three (3) times daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Artificial Flavors or Colors.

ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

21ST
CENTURY.



Fish Oil

1200 mg

Omega-3 | 360 mg



Heart Health Support*

DIETARY SUPPLEMENT

140 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	15	
Total Fat	1 g	1%†
Saturated Fat	0.5 g	3%†
Polyunsaturated Fat	0.5 g	**
Monounsaturated Fat	0.5 g	**
Cholesterol	5 mg	2%
Fish Oil Concentrate	1,200 mg	**
EPA (Eicosapentaenoic Acid)		**
DHA (Docosahexaenoic Acid)		**
Total Omega-3 Fatty Acids	360 mg	**

†Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Purified Water, Mixed Tocopherols.

Contains soy and fish (anchovy, cod, herring, mackerel, salmon, sardine and sprat).

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