# Trunature Whole Food Based Multi-Vitamin 150 Tablets



**SKU:** 1008 Brand: Trunature Weight: 1.00 LBS



#### **Product Description**

Trunature® Whole Food Based Multi-Vitamin

150 Tablets

trunature® Whole Food Based Multi-Vitamin is specially formulated to give you what many multivitamins don't - the natural benefits of real foods.

trunature® Whole Food Based Multi-Vitamin is specially formulated to provide a wide spectrum of phytonutrients and antioxidants from whole food plant sources along with essential vitamins and minerals, so it's more like getting these nutrients from your diet. With 16 whole food concentrates and 41 unique nutrients, this multi-vitamin goes beyond other supplements to help optimize your overall well-being, revitalize cellular energy levels and maintain mental concentration.†

From blueberries and cranberries to spinach and spirulina, we've formulated a unique multi-vitamin that also includes a Proprietary Energy Blend.

With trunature® Whole Food Based Multi-Vitamin you get more of the nutrition you need to feel your best and unlike many multi-vitamins, it's formulated based on the natural goodness of real foods, the way Nature intended.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Directions:

As a dietary supplement, take two (2) tablets with a meal or take one (1) tablet with a meal twice daily.

### Supplement Facts:

Serving Size: Two (2) Tablets Servings Per Container: 75

Amount Per Serving - % Daily Value:

Vitamin A (100% as Beta Carotene) 5000 IU - 100%, Vitamin C (as Ascorbic Acid) 120 mg - 200%, Vitamin D (as Cholecalciferol) 400 IU - 100%, Vitamin E (as d-alpha Tocopheryl Acetate) 30 IU 100%, Vitamin K (as Phytonadione) 20 mcg 25%, Vitamin B1 (as Thiamin Mononitrate) 10 mg - 667%, Vitamin B2 (as Riboflavin) 2-md 100%, Vitamin B3 (as Niacinamide) 50 mg - 250%, Vitamin B6 (as Pyridoxine Hydrochloride) 2 mg - 100%, Folate (as Folic Acid) 400 mcg - 100%, Vitamin B12 (as Cyanocobalamin) 12 mcg - 200%, Biotin 300 mcg - 100%, Pantothenic Acid (as d-calcium Pantothenate) 10 mg - 100%, Calcium (from Dicalcium Phosphate and Calcium Pantothenate) 50 mg - 5%, Iron (as Ferrous Fumarate) 5 mg - 28%, Iodine (from Kelp) 150 mcg -100%, Magnesium (as Magnesium Oxide) 250 mg - 63%, Zinc (as Zinc Oxide) 15 mg - 100%, Selenium (as L-Selenomethionine) 100 mcg - 143%, Copper (as Copper Oxide) 2 mg - 100%, Manganese (as Manganese Sulfate) 2 mg - 100%, Chromium (as Chromium Histidine) 120 mcg -100%, Molybdenum (as Molybdenum Amino Acid Chelate) 75 mcg - 100%, Potassium (as Potassium Chloride) 35 mg - 1%, Proprietary Whole Fruit Blend {Pomegranate, Strawberry, Acerola, Blueberry, Cranberry, Raspberry, Grape Seed Extract} 200 mg - \*, Proprietary Completely Green Powder Blend {Broccoli, Kale, Spinach, Barley Grass, Spirulina, Brussels Sprouts} 200 mg

\*, Proprietary Energy Blend {Guarana Extract, Cayenne Poser, Resveratrol [from Polygonum cuspidatum (root)]} 100 mg - \*, Boron (as Boron Glycinate) 1 mg - \*.

\*Daily Value not established.

#### Other Ingredients:

Cellulose, Hydroxypropyl Cellulose, Silicon Dioxide, Magnesium Stearate, Croscarmellose Sodium, Coating (Dextrin, Dextrose, Soy Lecithin, Sodium Carboxymethylcellulose, Sodium Citrate), Maltodextrin.

Contains Sov.

If you are pregnant, lactating or on prescribed medication, consult your physician before using.

Diabetics/Hypoglycemics: Use only under a physicians' supervision.

Keep out of reach of children.

#### Warning:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.