

Compare vs.  
**Os-CAL**<sup>®</sup>  
**EXTRA D<sub>3</sub>**<sup>†</sup>

21<sup>ST</sup>  
**CENTURY.**

gluten  
free

CALCIUM & VITAMIN D<sub>3</sub> SUPPLEMENT

# Calcium

## 500 + D<sub>3</sub>

• **Bone Health Support\***

**500 mg  
Calcium**

**15 mcg (600 IU)  
Vitamin D<sub>3</sub>**

**400  
TABLETS**

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin D <sub>3</sub> (as Cholecalciferol)	15 mcg (600 IU)	75%
Calcium (from Oyster Shell)	500 mg	38%

**Other Ingredients:** Maltodextrin, Croscarmellose Sodium, Cellulose. **Contains <2% of:** Magnesium Silicate, Magnesium Stearate, PEG, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide. **Contains shellfish (oyster).**

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Proudly Manufactured by  
**21<sup>ST</sup> Century HealthCare, Inc.**  
2119 S. Wilson St., Tempe, AZ 85282 USA  
21stcenturyvitamins.com  
501078-0420N



Calcium is an important mineral for bone health.\*  
Vitamin D<sub>3</sub> is added to assist with calcium absorption.\*

**Directions:** As a calcium supplement, adults take one (1) tablet with any meal, twice daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors. **Gluten Free.**

<sup>†</sup>This product is not manufactured or distributed by GlaxoSmithKline, licensed user of the trademark Os-Cal<sup>®</sup>.



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