

Compare vs.
OS-CAL®
EXTRA D₃†

21ST
CENTURY®



CALCIUM & VITAMIN D₃ SUPPLEMENT

Calcium

500 + D₃

90
TABLETS

• **Bone Health Support***

500 mg Calcium
15 mcg (600 IU) Vitamin D₃

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin D ₃ (as Cholecalciferol)	15 mcg (600 IU)	75%
Calcium (from Oyster Shell)	500 mg	38%

Other Ingredients: Maltodextrin, Croscarmellose Sodium, Cellulose. **Contains <2% of:** Magnesium Silicate, Magnesium Stearate, PEG, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide. **Contains shellfish (oyster).**

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Calcium is an important mineral for bone health. * Vitamin D₃ is added to assist with calcium absorption.*

Directions: As a calcium supplement, adults take one (1) tablet with any meal, twice daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors. **Gluten Free.**

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