

ProGreens® Capsules

The same formulation as the ProGreens powder but prepared for those preferring the convenience of a capsule. ProGreens® is an all-natural blended variety of "superfoods" that provide broad-spectrum nutritional support from organic grasses and natural food factors not found in isolated vitamins or mineral concentrates.* In addition to the green grasses, sea vegetables (seaweed) and algae, ProGreens® contains adaptogenic herbs, active probiotics, fiber, and a variety of nutrient-rich "superfoods".* **Gluten-free.**

Suggested Use

As a dietary supplement, 2 to 4 capsules one to four times daily, or as directed by a healthcare practitioner.

Pregnant or lactating women considering taking more than 16 capsules per day should consult with their healthcare professional prior to use.

Variations in product color may occur. Keep refrigerated whenever possible, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to lead which is known to the State of California to cause birth defects or other reproductive harm.
For more information go to www.P65Warnings.ca.gov/food

LactoSpore® LactoSpore® is a registered trademark of Sabinsa Corporation.



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Formulated exclusively for Allergy Research Group®
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AllergyResearchGroup®

ProGreens® with Advanced Probiotic Formula



Gluten Free!

dietary supplement
180 vegetarian capsules

Supplement Facts

Serving Size
Servings Per Container

4 Capsules
45

Amount Per Serving		Amount Per Serving	% Daily Value*
Calories	10		
	% Daily Value*		
Total Carbohydrates	1.2 g <2%	Licorice Root Powder	29 mg †
		Suma Root Powder	17 mg †
Vitamin E (as 28 IU of d-Alpha-Tocopheryl Acid Succinate)	18.8 mg 125%	Astragalus Root Extract	17 mg †
Organic spirulina	285 mg †	Echinacea purpurea aerial parts powder	17 mg †
Flax Seed Powder	185 mg †	Milk Thistle Seed Extract (80% Silymarin)	17 mg †
Apple Pectin and Fiber	171 mg †	Dunaliella Extract	11 mg †
Fructooligosaccharides (FOS)	143 mg †	Dulse Powder	9 mg †
Organic wheat grass powder	100 mg †	Ginkgo Leaf Extract (24% Ginkgo Flavonoglycosides and 6% Terpene Lactones)	6 mg †
Organic barley grass powder	100 mg †	Green Tea Extract (60% Catechins)	6 mg †
Organic alfalfa grass powder	100 mg †	Grape Seed Extract (92% Proanthocyanidins)	6 mg †
Organic oat grass powder	100 mg †	Bilberry Extract (25% Anthocyanidins)	6 mg †
Chlorella (cracked cell)	100 mg †	Ginger Root Powder	1.4 mg †
Acerola Berry Juice Powder	57 mg †	Non-Dairy Probiotic Cultures	
Beet Juice Powder	57 mg †	LactoSpore® (Bacillus coagulans MTCC 5856)	
Spinach Powder (1.5% octacosanol)	43 mg †		2.0 Billion CFUs †
Royal Jelly (3X)	43 mg †	Bifidobacterium group (B.longum, B.breve, B.bifidum)	
Bee Pollen	43 mg †		100 Million CFUs** †
Eleuthero Root Extract	37 mg †		

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

** Viable cell count at the time of manufacture.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate.