

Rx Only

DESCRIPTION: PRENATE DHA® is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is blue in color, opaque, and imprinted with "DHA" on one side and blank on the other.

Supplement Facts

Serving Size: 1 Softgel

Amount per Serving:		% Daily Value	% Daily Value for Lactating Women
Vitamin C (as ascorbic acid)	↑ 90 mg	150%	150%
Vitamin D ₃ (as cholecalciferol)	↑ 220 IU	55%	55%
Vitamin E (as dl-alpha tocopherol)	10 IU	33%	33%
Vitamin B ₆ (as pyridoxine HCl)	↑ 26 mg	1300%	1040%
Folate (as 1.1 mg Quatrefolic® ((6S)-5-methyltetrahydrofolate glucosamine salt* CAS 1181972-37-1) molar equivalent to 600 mcg of Folic Acid) (folic acid, USP 400 mcg)	1 mg	250%	125%
Vitamin B ₁₂ (as cyanocobalamin)	↑ 13 mcg	217%	163%
Calcium (as calcium carbonate)	↑ 145 mg	15%	11%
Iron (as ferrous fumarate)	↑ 28 mg	156%	156%
Magnesium (as magnesium oxide)	↑ 50 mg	13%	11%
Docosahexaenoic Acid (DHA) (from omega-3 fatty acids from fish oil)	300 mg	†	†
† Daily Value (DV) not established.			

PRENATE DHA® contains fish oil and soy.

OTHER INGREDIENTS: bee's wax, hydrogenated vegetable oil, soy lecithin, gelatin, glycerin, purified water, titanium dioxide, FD&C Blue #1 and FD&C Red #3.

INDICATIONS: PRENATE DHA® is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers.

PRENATE DHA® can also be beneficial in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS: PRENATE DHA® is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTIONS: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B₁₂ is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

HOW SUPPLIED: Unit-dose packs of 30 softgels. (75854-302-30).

The listed product number is not a National Drug Code, but has instead merely been formatted to comply with standard industry practice for pharmacy and insurance computer systems.

Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature.]



MANUFACTURED FOR: Avion Pharmaceuticals, LLC
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*Quatrefolic® is a registered trademark of Gnosis, SpA.
Covered by one or more claims of U.S. Patent # 7,947,662
CAS# 1181972-37-1

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