Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

amounts protein galories garbs fat sugar bgaas leugine lagtose per 25g 120 2g 0.5g 1g 5.5g 2.7g 0g

ISO100® is simply muscle-building fuel. Each serving contains 25g of protein and 5.5g of BCAAs including 2.7g of L-Leucine.

ULTRAPURE. SUPER FAST-DIGESTING AND ABSORBING HYDROLYZED 100% WHEY PROTEIN ISOLATE

If your goal is gains in muscle size and strength, then ISO100 is your perfect workout partner. Loaded with muscle building amino acids, ISO100 can support even the most serious resistance-training programs.

Known worldwide for quality, taste and purity, ISO100 is produced to our highest quality standards. ISO100 is formulated using a cross-flow microfiltration, multi-step purification process that preserves important muscle-building protein fractions while removing excess carbohydrates, fat, lactose and cholesterol.

ISO100 is made with pre-hydrolyzed protein sources to ensure fast digestion and absorption

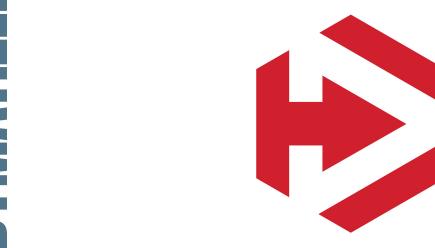
Available in a variety of delicious, indulgent flavors, ISO100® is the perfect before-workout, after-workout, anytime protein.

REAL SCIENCE & OUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality. pure, intact proteins. We do not amino spike.



NET WT 25.6 OZ (1.6 LB) 725 g

Dymatize

SOLD BY WEIGHT NOT VOLUME

HYDROLYZED

100% WHEY PROTEIN ISOLATE*

PROTEIN POWDER

BANNED SUBSTANCE TESTED + GLUTEN FREE

naturally and artificially flavored

CHOCOLATE COCONUT

23 SERVINGS



DIRECTIONS: Formulated for easy mixing. 180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

Nutrition Facts

Serving Size: 1 Scoop (32g) Servings Per Container: About 23

Amount Per Servi	ng	
Calories 120	Calories from Fat 5	
	% Daily Value*	
Total Fat 0.5g		
Saturated Fat 0g 0		
Trans Fat 0g		
Cholesterol 10mg 3%		
Sodium 160mg 79		
Potassium 220mg 6%		
Total Carbohydrate 2g 1%		
Dietary Fiber <1g 49		
Sugars 1g		
Protein 25g	50%	
Vitamin A 0%	 Vitamin C 0% 	
Calcium 10%	• Iron 4%	

depending on your calorie needs

depending on your calone needs.				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium		3,500mg	3,500mg	
Total Carbohydrate	Э	300g	375g	
Dietary Fiber		25g	30g	
Protein		50g	65g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				

INGREDIENTS: HYDROLYZED WHEY PROTEIN ISOLATE WHEY PROTEIN ISOLATE, COCOA POWDER (PROCESSED WITH ALKALI), NATURAL AND ARTIFICIAL FLAVORS, SALT SOY LECITHIN, POTASSIUM CHLORIDE, SUCRALOSE.

CONTAINS: MILK AND SOY.

Manufactured for and distributed by: Dymatize Enterprises, LLC Dallas, TX 75234 USA (888) 334-LEAN

TYPICAL AMINO ACID PROFILE **25g TOTAL AMINO ACIDS PER SERVING**

Amount Per Serving			
Calories 120	Calories from Fat 5		
	% Daily Value*		
Total Fat 0.5g	1%		
Saturated Fat 0g 0%			
Trans Fat 0g			
Cholesterol 10)mg 3 %		
Sodium 160mg	7%		
Potassium 220	Omg 6 %		
Total Carbohydrate 2g 19			
Dietary Fiber <1g			
Sugars 1g			
Protein 25g	50%		
Vitamin A 0%	 Vitamin C 0% 		
Calcium 10%	• Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			

**All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Dymatize.com/Iso100 †Includes Glutamic Acid

GLIITAMINF[†]

OTHER CEAAS

NNN-FAAs

6.5 g

4.4 g



STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM

*100% of the Protein from Whey Protein Isolate Notice: Use this product as a Food Supplement only. Do not use for weight reduction.



ESSENTIAL AMINO ACIDS (EAAs): 11.8 q

directly involved in activating Muscle Protein Synthesis.

CONDITIONALLY ESSENTIAL

AMINO ACIDS (CFAAs): 6.8 a

muscle recovery after

strenuous workouts.

26%

NON-ESSENTIAL

Is Glutamine important?

AMINO ACIDS (NON-EAAs): 6.5 g

Why is non-essential..

Why Leucine? Leucine is the BCAA that is

