

AYURVEDIC HERBS

Vata Digest

Digestion Formula for Vata*



90 Tablets
Dietary Supplement

Sustainably Sourced

Supplement Facts

Serving Size: 2 tablets Servings Per Container: 45

Amount Per Serving

Proprietary Blend

1000mg**

Cumin seed, Cuminum cyminum+

Celery seed (Ajamoda), Apium graveolens+
Ginger root. Zingiber officingle+

Black Pepper fruit, Piper nigrum+

Nigella seed (Black Cumin), Nigella sativa+ Long Pepper fruit (Pippali), Piper Iongum+

Fenugreek seed, Trigonella foenum-graecum+

Asafoetida resin, Ferula assa-foetida
**Daily Value not established

Other ingredients, from natural sources: organic maltodextrin, silicon dioxide, lac resin.

+Certified Organic

Mineral Salt

MADE WITH ORGANIC HERBS / 98% ORGANIC INGREDIENTS

Suggested Use: Take 1–2 tablets, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. Do not use if seal is broken or missing. Free of gluten, soy, and dairy. 100% vegetarian.





1-800-953-6424 banyanbotanicals.com

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Certified Organic by New Mexico Department of Agriculture

