

Herbadiet Ashwagandha is a high potency standardized water soluble extract. This full spectrum extract retains all the active constituents in nature intended balanced ratio. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement

- ✓ **Helps Relieve Anxiety & Stress[†]**
- ✓ **Natural Adaptogen[†]**
- ✓ **Natural Mood Support[†]**

[†]These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

Dietary supplement shouldn't be used as a substitute for a varied diet
Natural color variation may occur in this product

Batch No.: ARK/C/235
Mfg. Date } See bottom
Exp. Date } of the bottle

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

NOT FOR MEDICINAL USE

Code: HD0597



HerbaDiet

100% NATURAL

**WATER SOLUBLE
ASHWAGANDHA**
NATURAL ADAPTOGEN

Dietary Supplement



DIRECTIONS FOR USE: Take 1 capsule twice a day, preferably with meals or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 1 capsule

Serving per container: 60

Amount Per Serving

Ashwagandha Root Extract (<i>Withania Somnifera</i>) (Standardized to contain min 0.5% Withanolides)	400 mg
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% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)
Suitable For Vegetarians And Vegans

**FREE OF PRESERVATIVES, BINDERS, GLUTEN,
ARTIFICIAL INGREDIENTS, DAIRY,
SOY, WHEAT, YEAST**

EVERY BATCH 3RD PARTY LAB TESTED

Distributed By
ARKURE HEALTH CARE
Haryana, INDIA
www.herbadiet.in

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