

FOR OPTIMAL DAILY NUTRITION:

Take 3 tablets daily. Best if taken in the Evening - This is essential because Calcium is most absorbable at night.

Or you can split servings up (2 in the AM, 1 in the PM).

These raw capsules can also be used in shakes. (carefully open the vegetable capsule and sprinkle content into your shake).

Our products Do NOT contain any: Wheat, Corn, Artificial Sweeteners, Sucrose, Alcohol, MSG, Yeast, Gluten, Salt, Dairy, Egg, Coloring, Stabilizers, Maltodextrins, or any other Artificial Ingredients or Pesticides. Non-GMO
Many Blessings, Health & Happiness.

Distributed with Love by

Catie's Organics™



Visit us at...

www.CATIESORGANICS.com

Like us on Social Media and get **10% off** your order.

...Plus Free Shipping!

For Questions, call Customer Service: (818) 373 7558
28710 Canwood St, Suite 102, Agoura Hills CA, 91301



Catie's™
Whole Plant Food

CALCIUM

supports healthy bones

INCLUDES OVER 20
WHOLE PLANT FOOD
CO-FACTORS - PLUS K2

150 V CAPSULES

SUPPLEMENT FACTS

Serving Size: 3 CAPSULES

SERVINGS PER CONTAINER: 30

NUTRITIONAL INFORMATION	AMOUNT PER SERVING	% DAILY VALUE
Vitamin D (from 200mg Agaricus Mushrooms, DRC)	1200 IU	60%
Vitamin E (as Mergaplex-2 and Phytanadione)	500 mcg	400%
Calcium (from 2500 mg Hydrolyzed Vegetable Protein)	300 mg	60%
Magnesium (Hydrolyzed Vegetable Protein)	40 mg	8%

A PROPRIETARY BLEND 1025 mg OF THE FOLLOWING INGREDIENTS:

Organic Nopal Cactus Powder
Organic Black Chia Seed Powder
Prune Peel, 4:1
Moringa Leaf Powder
Organic Asparagus Root Powder
Organic Fennel Seed Powder
Organic Astragalus Powder
Organic Kale Leaf Powder,
Bamboo Powder (70%)
Organic Sprouted Chickpea Powder
Organic Reishi Powder
Organic Plantain Leaf
Organic Sunflower Seed Protein Powder
Organic Mulberry Leaf Powder

Other Ingredients: Vegetable Capsule

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DARK PLACE.

EXP:

LOT No: 458789