

**RICH IN
OMEGA-3's
EPA & DHA**

Norwegian

Carlson®

Norwegian

COD LIVER OIL

A Natural Source of Vitamins A & D

250 SOFT GELS: 390 mg

Dietary
Supplement

Purity
Potency
Freshness
Guaranteed

Carlson Specializing in Norwegian Cod Liver Oil since 1982

1312 - 3A

**Each soft gel contains 390 mg of
Norwegian Cod Liver Oil.**

Supplement Facts

Serving Size 3 Soft Gels	Servings Per Container 83	
	Amount Per 3 Soft Gels	% DV
Calories	9	
Calories from Fat	9	
Total Fat	1 g	2% [†]
Cholesterol	4 mg	1% [†]
Vitamin A	3750 IU	75%
Vitamin D ₃	400 IU	100%
Norwegian Cod Liver Oil	1170 mg	+
providing:		
EPA (Eicosapentaenoic Acid)	90 mg	+
DHA (Docosahexaenoic Acid)	105 mg	+
[†] Percent Daily Values (DV) are based on a 2,000 calorie diet. + Daily Value (DV) not established.		

Other Ingredients: Gelatin, glycerin, water, retinyl palmitate, cholecalciferol.

Directions: Take three soft gels daily, at mealtime.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Preservative-free. Salt-free. Natural color. Gluten-free.

POTENCY & QUALITY GUARANTEED

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