

**SUGGESTED USE:** 2 capsules daily preferably with meals or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you are taking a birth control pill, are considering becoming pregnant or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed by:

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# peri-meno

## PAUSE

### WOMEN'S HORMONE REGULATION SUPPORT

- ✓ Soothing Herbal Extract Formula
- ✓ 100% Satisfaction Guaranteed
- ✓ Extra-Strength Complex

Dietary Supplement

**60**  
capsules

## Supplement Facts

Serving Size 2 Capsules

Servings Per Container: 30

### Amount Per Serving

|                                                                     |        |   |
|---------------------------------------------------------------------|--------|---|
| Soy Isoflavones                                                     | 30 mg  | * |
| Black Cohosh (2.5% extract) (root)                                  | 160 mg | * |
| Dong Quai (1% extract) (root)                                       | 150 mg | * |
| Licorice (1% extract) (root)                                        | 150 mg | * |
| Red Clover (1% extract) (aerial parts)                              | 400 mg | * |
| Sage (2.5% extract) (leaf)                                          | 200 mg | * |
| Chasteberry (0.5% extract) (fruit)                                  | 50 mg  | * |
| Blessed Thistle (herb powder)                                       | 50 mg  | * |
| Red Raspberry Powder (fruit)                                        | 50 mg  | * |
| Wild Yam (16% extract) (root)                                       | 15 mg  | * |
| trans-Resveratrol (from <i>Polygonum cuspidatum</i> Extract) (root) | 1 mg   | * |

\*Daily Value not established.

**Other ingredients:** Microcrystalline cellulose, gelatin (bovine), vegetable magnesium stearate and silicon dioxide.

**ALLERGEN WARNING: CONTAINS SOY (SOY ISOFLAVONES).**

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**