



WHOLE PLANT EXTRACTION

Simply Young™ products contain: NO Pesticides, GMO's, Corn, Soy, Wheat, Gluten, Maltodextrin, Artificial Sweeteners, Dairy, Coloring, Stabilizers or any other Artificial Ingredients!

QUESTIONS? call us (toll-free) 888-575-7538 or visit our website:

www.simplyyoung.com
Respected and dedicated natural body

Simply Young Inc., Agoura Hills, CA 91301

Best if used by: 08/19 Lot #1504470

*Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place. **Consult a physician if nursing or pregnant. This product is not intended to treat, cure or diagnose any illness.

simply young
growth from the inside out

B-COMplete

Vitamin B1 & B12



net. 94g. (4.04oz)

SUPPLEMENT FACTS

Serving Size: 1 Heaping Scoop (3.8 gm). Serving Per Container: 30

B-COMplete PROPRIETARY BLEND

1794mg **

Organic Alfalfa, Organic Spearmint Leaf, Organic Seabuckthorn, Organic Holy Basil, Organic Nettle Leaf, Marjoram, Organic Asparagus, Watercress Powder, Brown Rice Protein, Sunflower Lecithin/Choline, Organic Licorice Root Powder, Organic Shiitake Mushroom, Organic Spinach, Lemon Powder, Coriander Powder, Magnolia Bark, Organic Chickpea Sprouted, Organic Cayenne, Organic Fenugreek, Yellow Root, Witch Hazel, Royal Jelly, Faba Cornsilk, Sprouted Brown Rice, 13 Organic Acid Root, Organic Carrot, Bee Pollen.

DIRECTIONS:

Blend 1 Heaping Scoop of Simply Young™ B-Complete into 4 to 6 oz of water or liquid. Because this is intended as a Superfood vitamin "shot," you may also use Almond milk, Coconut milk, Rice milk. Or try B-Complete blended together with any of the following: 1/2 a cup of ice, fresh/frozen fruit, or Simply Young™ Longevity Protein or Pure Body Protein.

**The statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.