

SUGGESTED USE: One capsule, taken 1 to 2 times before bedtime with 8oz. of water as a dietary supplement, or as directed by a health care professional.

CAUTION: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by:

Elevate Recovery Supplements, LLC

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Supports Minimized
Stress & Tension

Jet Lag Rapid Reset™

Healthy Travel Companion

60
Capsules

Dietary Supplement

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	%Daily Value	
Magnesium (oxide / citrate)	100mg	25%
L-Theanine	200 mg	*
GABA	50 mg	*
Phellodendron Root (herb powder)	50 mg	*
Mucuna Pruriens Extract (15 % L-Dopa)	50 mg	*
5-HTP	25 mg	*
Melatonin	1 mg	*

*Daily Value not established.

Other ingredients: Rice, gelatin capsule, magnesium stearate, silicon dioxide

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING.**

STORE IN A COOL, DRY PLACE.

6215-HS-SLF01-60

