

Silymarin is a standardized extract of Milk Thistle Seeds, having a unique ability to help regenerate damaged liver cells. This high quality ingredient provides the complete support for detoxifying the liver.

- ✓ Liver Detox and Cleansing<sup>†</sup>
- ✓ Neutralize Cell Damaging Free Radicals<sup>†</sup>
- ✓ Enhances Immune Response<sup>†</sup>

<sup>†</sup>These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.**  
*Dietary supplement shouldn't be used as a substitute for a varied diet*  
**Natural color variation may occur in this product**

Batch No.: ARK/C/0085  
Mfg. Date } See bottom  
Exp. Date } of the bottle

**CAUTION :** If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

**NOT FOR MEDICINAL USE**

Code: HD0066



# HerbaDiet

100% NATURAL

## SILYMARIN MILK THISTLE EXTRACT

**SUPPORTS LIVER FUNCTIONS**

Dietary Supplement



**DIRECTIONS FOR USE:** Take 1 capsule twice a day, preferably with meals or as directed by your physician

## SUPPLEMENT FACTS

Serving Size: 1 capsule

Serving per container: 60

### Amount Per Serving

Milk Thistle Seed Extract ( <i>Silybum Marianum</i> ) <i>(Standardized to contain min. 80% Silymarin)</i>	300 mg
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Organic Milk Thistle Seed ( <i>Silybum Marianum</i> )	100 mg
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% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)  
Suitable For Vegetarians And Vegans

**FREE OF PRESERVATIVES, BINDERS, GLUTEN,  
ARTIFICIAL INGREDIENTS, DAIRY,  
SOY, WHEAT, YEAST**

**EVERY BATCH 3RD PARTY LAB TESTED**

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**ARKURE HEALTH CARE**  
Haryana, INDIA  
[www.herbadiet.in](http://www.herbadiet.in)

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