

## DIM Vitex PMS Formula\*

BioResponse DIM®, a stable, bioavailable form of diindolylmethane (DIM), combined with Vitex standardized extract, bioactive vitamin B6, magnesium, and chromium.

### Suggested Use

As a dietary supplement, 2 capsules one or two times daily with meals, or as directed by a healthcare practitioner.

Do not use this product if you are pregnant, lactating, or using birth control pills. Persons taking prescription medications should consult a healthcare practitioner before use. Harmless changes in urine color may occur.

Keep out of reach of children.

BioResponse DIM® is a proprietary, enhanced bioavailability complex containing diindolylmethane licensed from BioResponse, L.L.C., Boulder, Colorado.\*



Formulated exclusively for  
**Allergy Research Group®**  
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AllergyResearchGroup®

## DIM Vitex PMS Formula\*



dietary supplement  
**120 vegetarian capsules**

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 60

| Amount Per Serving                    | % Daily Value* |       |
|---------------------------------------|----------------|-------|
| Vitamin B6 (as Pyridoxal-5-Phosphate) | 25 mg          | 1471% |
| Magnesium (as Magnesium Aspartate)    | 50 mg          | 12%   |
| Chromium (as Chromium Picolinate)     | 50 mcg         | 143%  |

|                                                                                                                                                         |        |   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---|
| BioResponse DIM® (A proprietary Diindolylmethane complex-starch, DIM (25% min.), vitamin E (as tocophersolan), phosphatidylcholine (sunflower), silica) | 150 mg | † |
| Vitex agnus-castus (Berry) Extract (Standardized to 0.5% Agnusides)                                                                                     | 75 mg  | † |

† Daily Value not established. \*Percent Daily Value based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Keep in a cool, dry place, tightly capped.

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