

## BifidoBiotics

Provides friendly bacteria from the bifidobacteria group, the most common probiotics found in the large intestine. Now with *Bifidobacterium lactis*! Lyophilized (freeze-dried). Non-Dairy and Gluten-free.

### Suggested Use

As a dietary supplement, 1 capsule two or three times daily with or without meals, or as directed by a healthcare practitioner.

To maintain potency, store tightly closed and refrigerated. Short-term heat exposure is acceptable.



Formulated exclusively for  
Allergy Research Group®  
South Salt Lake, UT 84115  
[www.allergyresearchgroup.com](http://www.allergyresearchgroup.com)  
Phone: 800.545.9960

AllergyResearchGroup®

# BifidoBiotics

## Bifido Lacto Blend



dietary supplement  
**HYPOALLERGENIC**  
60 vegetarian capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

Amount Per Serving	% Daily Value
<i>Lactobacillus rhamnosus</i> Lr-32®	2.2 Billion CFUs* †
<i>Bifidobacterium breve</i> Bb-03	1.23 Billion CFUs* †
<i>Bifidobacterium longum</i> BI-05	1.23 Billion CFUs* †
<i>Bifidobacterium lactis</i> BI-04®	1 Billion CFUs* †
<i>Lactobacillus acidophilus</i> La-14®	240 Million CFUs* †

† Daily Value not established.

\* Viable cell count at time of manufacture

Other ingredients: Hydroxypropyl methylcellulose, dicalcium phosphate, maltodextrin, stearic acid, silicon dioxide.

Rev. 008