

BRONSON ONE™
SINCE 1960MUSCLE
FUNCTION*BRAIN
HEALTH*EYE
HEALTH*HEART
HEALTH*

MEN'S 50+ COMPLETE

ONCE-DAILY MULTI
for Active Men Over 50

Dietary Supplement

30 TABLETS



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate and 33% Beta Carotene)	1260 mcg RAE 140%
Vitamin C (as Ascorbic Acid)	120 mg 133%
Vitamin D3 (as Cholecalciferol)	17.5 mcg 88%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	25.5 mg 170%
Vitamin K (as Phytonadione)	20 mcg 17%
Thiamine (Vitamin B1) (as Thiamine Mononitrate)	4.5 mg 375%
Riboflavin (Vitamin B2)	3.4 mg 262%
Niacin (as Niacinamide)	20 mg NE 125%
Vitamin B6 (as Pyridoxine HCl)	6 mg 353%
Folate (as 400 mcg Folic Acid)	666 mcg DFE 167%
Vitamin B12 (as Cyanocobalamin)	25 mcg 1042%
Biotin	30 mcg 100%
Pantothenic acid (as Calcium D-Pantothenate)	15 mg 300%
Calcium (as Calcium Carbonate)	120 mg 9%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	110 mg 26%
Zinc (as Zinc Oxide)	24 mg 218%
Selenium (as Sodium Selenate)	117 mcg 213%
Copper (as Cupric Sulfate)	2.2 mg 244%
Manganese (as Manganese Sulfate)	4.2 mg 183%
Chromium (as Chromium Chloride)	180 mcg 514%
Molybdenum (as Sodium Molybdate)	90 mcg 200%
Lycopene	370 mcg 1

* Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Hydroxypropyl Methylcellulose, Polyethylene Glycol, Propylene Glycol, Titanium Dioxide, Triacetin, FD&C Blue #2.

Directions: As a dietary supplement for adults, take one tablet per day, preferably with a meal, or as directed by a healthcare professional.

WARNING: Do not take this product if you are pregnant or nursing.
Consult a healthcare professional before taking this product if you are taking medication or have a health condition.
Do not use if seal under cap is broken or missing.

Store at room temperature. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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BronsonVitamins.com

Nutrition Questions or Comments?
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Call 1-800-235-3200
Mon. - Fri. 7 AM - 6 PM MST
Sat. 8 AM - 4:30 PM MST

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