

## 5-HTP 100 mg

The amino acid L-5-Hydroxytryptophan. Our 5-HTP is derived from a plant source, and is carefully tested to ensure its purity.

## Suggested Use

As a dietary supplement, 1 capsule one to three times daily, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

**Caution:** Not indicated for pregnant or nursing women. Concurrent use with SSRI medications or MAO inhibitors should only be done under the guidance of a healthcare professional.



AllergyResearchGroup®

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## L-5-Hydroxytryptophan



dietary supplement  
**HYPOALLERGENIC**  
90 vegetarian capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

Amount Per Serving	% Daily Value
L-5-Hydroxytryptophan	100 mg †

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, rice hull concentrate, gum arabic, sunflower oil.

Formulated exclusively for Allergy Research Group®  
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