

Bibhitaki is one of the best herbs for detoxifying and rejuvenating kapha. As such, it is used in all types of kapha imbalances and is especially helpful in supporting the organs and tissues where kapha tends to accumulate. These includes lungs, liver and urinary tract as well as the sinuses, ears, eyes and throat

- ✓ Supports Proper Functioning of Lungs[†]
- ✓ Promotes Healthy Vision, Voice & Hairs[†]
- ✓ Maintain Proper Functioning of Heart, Liver & Kidney[†]

[†]These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

Dietary supplement shouldn't be used as a substitute for a varied diet
Natural color variation may occur in this product

Batch No.: ARK/C/0048
Mfg. Date } See bottom
Exp. Date } of the bottle

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

NOT FOR MEDICINAL USE

Code: HD0260



HerbaDiet

100% NATURAL



ORGANIC BAHERA (BIBHITAKI)

HELPS BALANCES KAPHA

Dietary Supplement



DIRECTIONS FOR USE: Take 2 capsule twice a day, preferably with meals or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 2 capsule

Serving per container: 30

Amount Per Serving

Organic Bibhitaki Fruit (*Terminalia Belerica*)

800 mg

% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)
Suitable For Vegetarians And Vegans

**FREE OF PRESERVATIVES, BINDERS, GLUTEN,
ARTIFICIAL INGREDIENTS, DAIRY,
SOY, WHEAT, YEAST**

EVERY BATCH 3RD PARTY LAB TESTED

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