

SUGGESTED USE: 2 tablets daily preferably with meals or as directed by a health care professional.

This product is formulated to provide a gradual release of vitamin C, and B-complex over a prolonged period of time.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, individuals with bleeding disorders, seizure disorder, taking anti-coagulant or MAO inhibiting drugs, children under 18 years of age, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed by:
Elevate Recovery Supplements, LLC
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CAVEMAN

Hair Nutrients

• Ultimate Men's Hair Support

24 Total Vitamins,
Minerals & Herbs

1-Month Supply!

60
Tablets



Dietary Supplement

Supplement Facts

Serving Size 2 Tablets

Amount Per Serving	%Daily Value
Vitamin A (beta-carotene)	10,000 IU 200%
Vitamin C (ascorbic acid)	250 mg 417%
Vitamin E (d-Alpha tocopheryl acetate)	12 IU 40%
Vitamin B-1 (thiamine mononitrate)	30 mg 2000%
Vitamin B-2 (riboflavin)	100 mg 5882%
Niacinamide	30 mg 150%
Vitamin B-6 (pyridoxine hcl)	100 mg 5000%
Folic Acid	400 mcg 100%
Biotin	4000 mcg 1333%
Pantothenic Acid (calcium pantothenate)	250 mg 2500%
Calcium (carbonate)	200 mg 20%
Zinc (amino acid chelate)	5 mg 33%
Copper (gluconate)	1 mg 50%
Choline Bitartrate	250 mg *
Silica (bamboo 70% extract)	40 mg *
Inositol	250 mg *
para-aminobenzoic acid	100 mcg *
L-Cysteine	100 mcg *
MSM (methylsulfonylmethane)	50 mg *
Ginkgo Biloba (24% extract)	30 mg *
Saw Palmetto (45% / 5:1 extract)	250 mg *
Pygeum Africanum (5:1 extract)	100 mg *
Green Tea (98% extract)	50 mg *
Grape Seed (95% extract)	50 mg *

*Daily Value not established.

Other ingredients: Calcium carbonate, vegetable stearic acid, microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, vegetable magnesium stearate and silicon dioxide.
ALLERGEN WARNING: CONTAINS SOY.