



SERENITA

- Helps maintain calm nerves and assist with sleeplessness.
- Ayuda a calmar los nervios y reducir el insomnio.

Dietary
Supplement

60 Tablets

Indications: Helps maintain calm nerves and assist with sleeplessness.†

Directions: Adults and children over 12 years of age (1) tablet, 3 times daily, and (2) tablets at bedtime or as directed by a physician.

Do not take more than 12 tablets in a 24 hour period.

Children under 12 years of age as directed by a physician.

WARNINGS: KEEP OUT OF THE REACH OF CHILDREN. In case of accidental overdose, seek medical help or contact a Poison Control Center immediately. If you are pregnant or nursing consult your physician before use.

Tamper Evident: Do not accept if heat seal under cap is broken, torn, or missing.

Storage: Keep tightly closed at room temperature 15°-30°C (59° to 86°F).

Instrucciones: Adultos y niños mayores de 12 años de edad (1) tableta, 3 veces al día, y dos (2) tabletas al acostarse o según indique un profesional de la salud.

No tome mas de 12 tabletas en un periodo de 24 horas.

En niños menores de 12 años de edad solo bajo dirección medica.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

† Estas declaraciones no han sido evaluadas por la Administración de Drogas y Alimentos (FDA). Este producto no pretende curar, tratar, o prevenir ninguna enfermedad.

SUPPLEMENT FACTS

Serving Size: 2 Tablets

Servings per container: 30

Amount per Serving		% DV*
Calcium (as dicalcium phosphate)	60mg	6%
Phosphorous (as dicalcium phosphate)	47mg	4%
Valerian Extract (Valeriana officinalis)(Root)	260mg	**
Passionflower (Passiflora incarnata)(Herb)	260mg	**
Chamomile Extract (Matricaria chamomilla L.) (Aerial Parts)	70mg	**
*% Daily Value		**Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Hypromellose, Silicon Dioxide, Magnesium Gluconate, Magnesium Stearate, Triacetin, Titanium Dioxide, Talc, FD&C Red #40 Lake, FD&C Red #3, FD&C Blue #1.