

Ashwagandha is a powerful adaptogenic herb that supports our body's natural ability to adapt and resist various types of every-day stress and promote physical balance. Herbadiet's vegan, USDA-certified organic, gluten-free and non-GMO formula is synthesized from pure Ashwagandha root powder and formulated for fast, efficient, and superior absorption with black pepper powder.

- ✓ Regenerates Energy & Vitality<sup>†</sup>
- ✓ Natural Stress Relief<sup>†</sup>
- ✓ Thyroid & Hormonal Balance<sup>†</sup>

<sup>†</sup>These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.**  
*Dietary supplement shouldn't be used as a substitute for a varied diet*  
**Natural color variation may occur in this product**

Batch No.: ARK/C/0046  
Mfg. Date } See bottom  
Exp. Date } of the bottle

**CAUTION :** If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

**NOT FOR MEDICINAL USE**

Code: HD0243



# HerbaDiet

100% NATURAL



**ORGANIC  
ASHWAGANDHA  
with BLACK PEPPER**

**ANTI-STRESS & ENERGY**

Dietary Supplement



**DIRECTIONS FOR USE:** Take 2 capsule twice a day, preferably with meals or as directed by your physician

## SUPPLEMENT FACTS

Serving Size: 2 capsule

Serving per container: 30

### Amount Per Serving

Organic Ashwagandha Root ( <i>Withania Somnifera</i> )	800 mg
Organic Black Pepper Seed ( <i>Piper Nigrum</i> )	200 mg

% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)  
Suitable For Vegetarians And Vegans

**FREE OF PRESERVATIVES, BINDERS, GLUTEN,  
ARTIFICIAL INGREDIENTS, DAIRY,  
SOY, WHEAT, YEAST**

**EVERY BATCH 3RD PARTY LAB TESTED**

Distributed By  
**ARKURE HEALTH CARE**  
Haryana, INDIA  
[www.herbadiet.in](http://www.herbadiet.in)

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