

Herbadiet MSM supplies highly purified MSM (methylsulfonylmethane), a compound notable for its methyl groups (required for numerous metabolic functions) and the conditionally essential mineral sulfur, which is a crucial component of powerful antioxidants such as N-acetylcysteine and glutathione.

- ✓ Supports Joint Health<sup>†</sup>
- ✓ Supports Skin, Hair & Nail Health<sup>†</sup>
- ✓ Supports Healthy Cartilage<sup>†</sup>

<sup>†</sup>These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.**

*Dietary supplement shouldn't be used as a substitute for a varied diet*  
**Natural color variation may occur in this product**

Batch No.: ARK/C/262  
Mfg. Date } See bottom  
Exp. Date } of the bottle

**CAUTION :** If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

**NOT FOR MEDICINAL USE**

Code:HD0625



# HerbaDiet

100% PURE

## MSM (METHYLSULFONYLMETHANE)

JOINT & SKIN SUPPORT

Dietary Supplement



**DIRECTIONS FOR USE:** Take 2 capsule 1-2 times a day with meals or as directed by your physician. If intestinal gas occurs reduce dosage.

## SUPPLEMENT FACTS

Serving Size: 2 capsule

Serving per container: 30

Amount Per Serving

MSM (Methylsulfonylmethane) 1000 mg

% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)

**FREE OF PRESERVATIVES, BINDERS, GLUTEN, ARTIFICIAL INGREDIENTS, DAIRY, SOY, WHEAT, YEAST**

**EVERY BATCH 3RD PARTY LAB TESTED**

Distributed By  
**ARKURE HEALTH CARE**  
Haryana, INDIA  
[www.herbadiet.in](http://www.herbadiet.in)

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