

Directions: Take 1 caplet per day before food.

Manufactured by: The Himalaya Drug Company
Makali, Bangalore 562 123 (INDIA)

Mfg. Lic. No. AUS-83

Lot No.: **E371007**

Exp. Date: **JUL. 2013**



Distributed by: The Himalaya Drug Company
10440 Westoffice Drive, Houston, Texas 77042

Questions? Please call 1-800-869-4640 or visit
www.himalayausa.com • Product of INDIA

Certified Organic by Control Union Certifications Control Union 806546

Caution: Keep out of direct light
and out of the reach of children.



Chromatographic Fingerprinting:

The most rigorous testing for herbal potency.



***THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.**

HOW CAN ASHWAGANDHA HELP YOU?

- Acts as a rejuvenative with anti-stress and adaptogenic actions, helping the body cope with life's daily challenges*
- Supports a healthy response to stress*
- Improves physical endurance and energy*

THE HIMALAYA DIFFERENCE

- Family owned since 1930
- 1,214 published clinical trials on Himalaya products
- Seed-to-shelf – GMP Facility
- Patents: 3 granted, 25 pending

**GLUTEN
FREE**

Himalaya
PURE HERBS

Ashwagandha

ANTI-STRESS & ENERGY*



**Additive Free
HERBAL SUPPLEMENT**

60 CAPLETS

2.96 mg Withanolides

Supplement Facts

Serving Size: One caplet

Servings per container: 60

Amount per serving

organic ashwagandha root (*Withania somnifera* Dunal)
standardized supercritical CO₂ extract 10 mg*
(8% Withanolides – 0.8 mg*)

organic ashwagandha root standardized extract 280 mg*
(0.5% Withanolides – 1.4 mg*)

organic ashwagandha root powder 380 mg*
(0.2% Withanolides – 0.76 mg*)

*Daily Value Not Established.

