

BRONSON
SINCE 1960

NUTRITION+

PSYLLIUM HUSKS POWDER

SOLUBLE FIBER

- Excellent Source of Fiber*
- Helps Support Intestinal Health*

Dietary Supplement
Net Wt. 21 oz. (595g)

DIGESTIVE HEALTH*
SUPPORTS REGULARITY*
INTESTINAL HEALTH*

Supplement Facts

Serving Size: 1 level teaspoon (Approximately 3 grams)

Servings Per Container: Approximately 198

Amount Per Serving	% Daily Value
Psyllium Husk Powder	3 g
† Daily Value not established	

Directions: As a dietary supplement for adults, take 1 level teaspoon (3 grams) in 8 oz. of water, juice or beverage of choice, or as directed by a healthcare professional. Take one to two times daily. Psyllium gels quickly, so mix well and drink immediately. Follow with an additional glass of water.

WARNING: Do not take this product if you are pregnant or nursing.
Consuming this product without enough liquid may cause choking. Do not take this product if you have difficulty swallowing.

Do not use if seal under cap is broken or missing.
Store at room temperature.
Keep out of reach of children.

PRODUCT FILLED BY WEIGHT, NOT VOLUME.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BronsonVitamins.com



Nutrition Questions or Comments?

support@bronsonlabs.com

Call 1-800-235-3200

Mon. - Fri. 7 AM - 6 PM MST

Sat. 8 AM - 4:30 PM MST

ITEM# 153

Manufactured by Bronson Laboratories

70 Commerce Drive
Hauppauge, NY 11788 USA

