

Creatine is naturally produced in the human body from amino acids L-arginine, glycine, and L-methionine primarily in the kidney and liver and transported in the blood to help supply energy to all cells in the body. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement.

- ✓ **Boosts Muscle Strength & Gains[†]**
- ✓ **Accelerates Power & Recovery from Exercise[†]**
- ✓ **Enhances Energy Reserves in Muscles[†]**

[†]These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.
Dietary supplement shouldn't be used as a substitute for a varied diet
Natural color variation may occur in this product

Batch No.: ARK/C/129
Mfg. Date } See bottom
Exp. Date } of the bottle

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

NOT FOR MEDICINAL USE

Code: HD0376



HerbaDiet

100% PURE

L-CREATINE

ENERGY & HEALTHY MUSCLE SUPPORT

Dietary Supplement



DIRECTIONS FOR USE: Take 6 capsule daily, preferably with meals or as directed by your physician.

SUPPLEMENT FACTS

Serving Size: 6 capsules

Serving per container: 10

Amount Per Serving

L-Creatine Monohydrate

3000 mg

% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)

FREE OF PRESERVATIVES, BINDERS, GLUTEN, ARTIFICIAL INGREDIENTS, DAIRY, SOY, WHEAT, YEAST

EVERY BATCH 3RD PARTY LAB TESTED

Distributed By
ARKURE HEALTH CARE
Haryana, INDIA
www.herbadiet.in

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Licence Number : 10018064001315

