

True Veda® Organic Ashwagandha

Suggested Use: Take one capsule two times per day.

WARNING: Do not take if you are pregnant or nursing. Keep out of the reach of children. Store in a cool, dry place.

www.TrueVeda.com

info@trueveda.com



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Ashwagandha is an Ayurvedic herb commonly used in traditional Indian medicines. Through 14 years of careful research and development with our partners, we have perfected the way to extract the full spectrum of nutrients from the Ashwagandha root to give you the most potent and effective version of Ashwagandha on the market today.*

Benefits of True Veda® Organic Ashwagandha

- ✓ Relieves stress and promotes relaxation*
- ✓ Boosts the immune system and healthy aging*
- ✓ Enhances memory, concentration and mental clarity*
- ✓ Supports cardiovascular health*
- ✓ 100% of the agricultural ingredients are organic*
- ✓ Vegan, Vegetarian, Kosher and Gluten-free
- ✓ NO artificial ingredients or preservatives
- ✓ Sourced from India and made in the UK in a GMP certified facility

What is Ayurveda?

Ayurveda, meaning "Knowledge of Life" is a 5000-year-old holistic healing system from India that promotes longevity, balance and happiness. Ayurveda helps sustain wellbeing by applying the essential principles of nature to bring the person back into equilibrium with their pure self. Ayurveda places great emphasis on the prevention of illness. By rebalancing through appropriate nutrition, exercise, relaxation and lifestyle choices, we can help you live a significantly fuller life.

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ORGANIC
ASHWAGANDHA
60 CAPSULES
DIETARY SUPPLEMENT



ORGANIC
ASHWAGANDHA

Herbal Dietary Supplement to support a natural and balanced response to Stress and promote a Healthy Immune System*



60 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 60

Amount Per Serving

Organic KSM-66® Ashwagandha	400mg*
Full-Spectrum Standardized Extract 15:1 Herb to Extract Ratio**	
(Withania somnifera [root] standardized to 5% Withanolides and less than 0.1% Withaferin A)	
**Equivalent to whole plant Ashwagandha	6 g

*Daily Values not established

Other Ingredients: Plant-based Hypromellose Capsules.

Distributed by: Simply By Nature Ltd.

Kemp House, 152 City Road, London, EC1V 2NX

Product of the United Kingdom

Certified organic by: Soil Association Certification. GB-ORG-05

ASH-US/LAB/18

Batch: Best Before End:



Batch:

Best Before End:



X000W3LA3H

UPC: 646437300155

ASH-US/BOX/8

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EU/Non-EU Agriculture
UK/Non-UK Agriculture



Free of: Egg, peanut, shellfish, and soy. **Gluten-Free.**

Directions

As a food supplement take one vegetable capsule two times per day, or as directed by your health care practitioner.

WARNING

Do not take if you are pregnant or nursing. Keep out of the reach of children. Store in a cool, dry place.

Do not exceed the recommended daily intake and do not use this product as a substitute for a varied diet.

Our Story...

For us, it's not just about a business; it's about a healthy lifestyle. We are a small, independent family run business, whose aim is to support the world through a healthy vision. By being conscientious of the environmental effects we have on the world and how we can help, we do just that. By running our business in the most eco-friendly way possible and with a premium, researched list of products, we ensure that we bring added value to everyone we come into contact with. And this will never change! Get in touch with us today to help with your healthy lifestyle.

Our Promise...

Your satisfaction is our top priority. We promise to offer 100% natural-sourced products and we follow through! This means no artificial ingredients or preservatives go near our products. Our products are made from premium ingredients, ensuring that everything we sell is of the absolute best quality. And as a bonus, by supporting us you are supporting other worthy causes. We donate a percentage of our profits to multiple charitable foundations. Let's make this world a better place to live and love!

For information, guides and discounts on our products

www.TrueVeda.com

info@trueveda.com

