SUGGESTED USE: take 3 capsules once daily with 8 fl. oz of water. For best results take with healthy fats.

SAFETY FACTS: Diabetes medication might need adjusting, please consult your physician. If you have low blood pressure, thyroid issues, or are taking medication changed by the liver, please consult your physician. Do NOT use if you're taking Cyclosporine (Neoral, Sandimmune). Do NOT use if you are pregnant or breast-feeding.

KEEP OUT OF REACH OF CHILDREN. STORE AT 15-30°C (59-86°F). PROTECT FROM HEAT, LIGHT AND MOISTURE. DO NOT PURCHASE IF SEAL IS BROKEN OR MISSING.



** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PUREHEALTH

BLOOD SUGAR

FORMULA**

Supplement Facts

Serving size: 3 Vegetarian Capsules Servings Per Container: 30

,	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	50mg	56%
Vitamin E (as d-alpha-tocopheryl acetate)	15mg	100%
Biotin	300mcg	1000%
Magnesium (as magnesium oxide & magnesium citrate)	250mg	60%
Zinc (as zinc citrate)	7.5mg	68%
Copper (as copper gluconate)	1mg	111%
Manganese (as manganese amino acid chela	te) 1mg	43%
Chromium (as chromium picolinate)	35mcg	100%
Alpha-Lipoic Acid	300mg	*
Gymnema Leaf Extract	200mg	*
Berberine HCl (from <i>Berberis aristata</i> bark & root e	extract) 100mg	*
Ceylon Cinnamon Bark	50mg	*
Bitter Melon Fruit Extract	50mg	*
Deglycyrrhizinated Licorice Root Extract	50mg	
Taurine	50mg	*
Banaba Leaf Extract	48mg	*
Cayenne Pepper Fruit	10mg	

Other ingredients: Hypromellose, rice flour, magnesium stearate, and silica.





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