

**BRONSON**  
SINCE 1960  
NUTRITION+

# MATURE FORMULA

## MULTIVITAMIN & MINERAL

- Targeted nutrition for Adults 50+
- Supports overall good health and well-being\*

**100** COUNT

ONCE DAILY

KEY VITAMINS

ESSENTIAL MINERALS

Dietary Supplement  
100 Tablets

### Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate & 57% Beta Carotene)	2100 mcg RAE 233%
Vitamin C (as Ascorbic Acid)	100 mg 111%
Vitamin D3 (as Cholecalciferol)	10 mcg 200%
Vitamin E (as dl-Alpha Tocopherol Acetate)	30 mg 21%
Vitamin K1 (as Phytonadione)	25 mcg 250%
Thiamine (as Thiamine Mononitrate) (Vitamin B1)	3 mg 231%
Riboflavin (Vitamin B2)	3 mg 156%
Niacin (as Niacinamide)	25 mg NE 176%
Vitamin B6 (as Pyridoxine HCl)	3 mg 167%
Folate (as 400 mcg Folic Acid)	666 mcg DFE 260%
Vitamin B12 (as Cyanocobalamin)	6 mcg 500%
Biotin	150 mcg 100%
Pantothenic acid (as D-Calcium Pantothenate)	5 mg 9%
Choline (as choline bitartrate)	50 mg 8%
Calcium (as Calcium Carbonate)	100 mg 56%
Iron (as Ferrous Fumarate)	10 mg 100%
Iodine (as Potassium Iodide)	150 mcg 18%
Magnesium (as Magnesium Oxide)	75 mg 136%
Zinc (as Zinc Sulfate)	15 mg 27%
Selenium (as Selenium Amino Acid Complex)	15 mcg 111%
Copper (as Copper Glycinate Chelate)	1 mg 43%
Manganese (as Manganese Glycinate Chelate)	1 mg 43%
Chromium (as Chromium Nicotinate Glycinate Chelate)	15 mcg 33%
Molybdenum (as Molybdenum Glycinate Chelate)	15 mcg 1%
Potassium (as Potassium Chloride)	50 mg
Inositol	25 mg
Biotin	25 mg
Hesperidin complex	25 mg
Boron (as Boron Glycinate)	200 mcg

\* Daily Value not established

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silicon dioxide, hydroxypropyl methylcellulose, polyethylene glycol, triacetin, titanium dioxide, caramel color.

**Directions:** As a dietary supplement for adults, take 1 tablet daily with or after meals, or as directed by a healthcare professional.

**WARNING:** Do not take this product if you are pregnant or nursing.

Do not use if seal under cap is broken or missing.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature. Keep out of reach of children

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[BronsonVitamins.com](http://BronsonVitamins.com)

Nutrition Questions or Comments?

support@bronsonlabs.com

Call 1-800-235-3200

Mon. - Fri. 7 AM - 6 PM MST

Sat. 8 AM - 4:30 PM MST

**ITEM# 7a**

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