

Glucomannan is a soluble, bulk-forming fiber that can help to maintain intestinal regularity. Glucomannan can be a convenient addition to a weight management plan that includes a healthy diet and exercise program. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement

- ✓ Supports Healthy Cholesterol Levels[†]
- ✓ Eases Constipation[†]
- ✓ Promotes Regularity[†]

[†]These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.
Dietary supplement shouldn't be used as a substitute for a varied diet
Natural color variation may occur in this product

Batch No.: ARK/C/260
Mfg. Date } See bottom
Exp. Date } of the bottle

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

NOT FOR MEDICINAL USE

Code: HD0623



HerbaDiet

100% NATURAL

GLUCOMANNAN WEIGHT MANAGEMENT

Dietary Supplement



DIRECTIONS FOR USE: Take 3 capsule 1-2 times a day with 8-10 oz. of water or juice preferably 30 minutes before meals. Be sure to consume additional fluids through the day

SUPPLEMENT FACTS

Serving Size: 3 capsules

Serving per container: 20

Amount Per Serving

Glucomannan (from Konjac Gum)	1500 mg
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% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)
Suitable For Vegetarians And Vegans

**FREE OF PRESERVATIVES, BINDERS, GLUTEN,
ARTIFICIAL INGREDIENTS, DAIRY,
SOY, WHEAT, YEAST**

EVERY BATCH 3RD PARTY LAB TESTED

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www.herbadiet.in

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