

Not all Vitamin K is created equal.

Vitamin K2 is derived from natto, a medicinal food used in Japan for over 1,000 years. Recent research indicates that Vitamin K2 minimizes bone loss, helps build bone mass and supports vascular health.*

RECOMMENDED USE: As a dietary Vitamin K2 (menaquinone-7) supplement, take 1 (one) capsule per day with a meal.

All ingredients are derived from Kosher sources. This product is porcine, bovine and gelatin free.

WARNING: If pregnant, consult your health care practitioner before using this, or any other product. Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood-thinning medications.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT: XXX
EXP: XX/XX

Momentum Health Products™



The Pinnacle of Bone and Heart Health™



Dietary Supplement • 30 capsules

Supports strengthened bones and cardiovascular health*

Supplement Facts

Serving Size: 1 capsule

Servings per bottle 30

Amount Per Serving	% Daily Value
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Vitamin K (as Menaquinone-7)	
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100 mcg	125%
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Proprietary Blend 99.9 mg	
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Dextrin, sunflower oil, sodium casein starch, glycerol fatty esters, natto extract, oil of rosemary	*
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*Daily Value not established

OTHER INGREDIENTS: Microcrystalline cellulose and Vegetable capsule

Manufactured for:
Momentum Health Products
P.O. Box 9838 Phoenix, AZ 85068

To order, visit www.mercola.com

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