Suggested Use: To assess tolerance, start by using one half of a scoop mixed in 6-8 ources of water & consume 15-20 minutes prior to physical activity/weight training. For normal suggested use, mix 1 full scoop into 10-12 ources of water approximately 15-20 minutes prior to physical activity/weight training. Do not exceed 1 scoop/serving within 8 hours and do not consume more than 2 scoops

6: For use as a dietary supplement only, for healthy adults of the age of 18 and over. Do not use this product if you are pregnant, nursing, or may become . Do not consume if you have a pre-existing medical condition, or you are taking any prescription medication. Please consult your doctor or health care practitioner prior to use. Do not use if safety seal is broken. Use only as directed and do not exceed recommended dosage. Do not take for more than 8 weeks consecutively. Store in a cool, dry place (60° F to 80° F).

KEEP OUT OF THE REACH OF CHILDREN.

Allergen Warning: Processed in a facility that processes milk, egg, soy, wheat, fish, shellfish, and peanuts.

This product contains approximately 400mg of Total Caffeine per serving. † These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease. Made with imported and domestic



VMI SPORTS® IS A USA COMPANY









INTENSE ENERGY PRE-WORKOUT









NET WT. 264g/8.8oz

SUPPLEMENT FACTS

erving Size: 1 scoop (8.8g) ervings Per Container: 30		
mount Per Serving		%DV*
iacin (Vitamin B3)	35mg	219%
tamin B12 (as Methylcobalamin)	35mcg	1,458%
oline (from VitaCholine® Choline Bitartrate)	200mg	36%
ower Performance Matrix:		
eta Alanine	3.2g	**
urine	1.5g	"
neohromine	300ma	**

elevATP® (Ancient Peat, Apple Extract) 150mg Intense Energy Matrix:

Caffeine Blend (Caffeine Citrate, Caffeine	586ma
Anhydrous, Infinergy™ Dicaffeine Malate) (yielding 400mg net caffeine)	
(violding 400mg not coffeing)	
(yieluling 400iting thet carreline)	

Rauwolfia vomitoria Root Extract Cognition & Focal Enhancing Matr	1.5m
Cognition & Focal Enhancing Matr	ix:

VitaCholine® (Choline Bitartrate)	500mg
VitaCholine® (Choline Bitartrate) DMAE Bitartrate	300mg
Unpersity corrects Club Mass Futures	7000

*Percent Daily Values (DV) based on a 2,000 calorie diet

Other Ingredients: Malic Acid, Natural & Artificial Flavor, Citric Acid, Sucralose, Sodium Gluconate, Calcium Silicate, Silicon Dioxide

Manufactured For & Distributed By:

VMI SPORTS® 100 B Tec Street | Hicksville, NY 11801 www.ymisports.com | 888-864-8144



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