

NEXT CENTURY NUTRITION™



- Promotes healthy bones*
- Helps the body as it relaxes*
- Supports nerve & muscle function*
- Promotes restful sleep*

Suggested use:

Adults, take one (1) teaspoonful daily with food or liquid.



Questions? Comments?

Please contact us at 1-800-777-3737
Manufactured for:

Freedea Health / Brooklyn, NY 11210
www.freedeahealth.com



- No Gluten
- No Lactose
- No Artificial Colors
- No Artificial Flavors
- No Animal Derivatives
- No Sugar or Starch
- No Gelatin
- No Yeast

FREEDA®

SINCE  1928

Magnesium Citrate

Powder

BONE & JOINT SUPPORT*

Supports bone, muscle, & nerve health*

16 OZ 454g

MAGNESIUM SUPPLEMENT



KOSHER PAREVE

Supplement Facts

Serving Size: 1 teaspoon (3 grams)

Servings Per Container: About 150

	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate)	420 mg	100%

Keep out of reach of children. Store in a cool, dry place. Do not expose to excessive heat or moisture. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.