

NEXT CENTURY NUTRITION™



- Promotes healthy bones*
- Helps the body as it relaxes*
- Supports nerve & muscle function*
- Promotes restful sleep*

Suggested use:
Adults, take four (4) tablets daily, preferably with food and drink.

VEGAN 

- No Gluten
- No Lactose
- No Artificial Colors
- No Artificial Flavors
- No Animal Derivatives
- No Sugar or Starch
- No Gelatin
- No Yeast

Questions? Comments?

Please contact us at 1-800-777-3737

Manufactured for: **Freeda Health** / Brooklyn, NY 11210

www.freedahealth.com



Magnesium Citrate



250 TABLETS

MAGNESIUM SUPPLEMENT

Supplement Facts

Serving Size: 4 coated tablets
Servings Per Container: 62

| | Amount Per Serving | % Daily Value |
|----------------------------------|--------------------|---------------|
| Magnesium (as magnesium citrate) | 420 mg | 100% |

Other ingredients: Cellulose, silica, croscarmellose sodium, stearic acid, vegetable magnesium stearate, vegetable hypromellose coating.

Keep out of reach of children. Store in a cool, dry place. Do not expose to excessive heat or moisture. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM 0306-2