

HERBAL SLEEP SUPPORT

- A powerful blend of 5 herbs
- Calms & soothes*

100 COUNT

VALERIAN ROOT

CHAMOMILE

SKULLCAP ROOT

Dietary Supplement
100 Capsules

Supplement Facts

Serving Size 2 Capsules

Servings per container: 50

Amount Per Serving	% Daily Value	
Calcium (as Calcium Carbonate)	200 mg	15%
Magnesium (from Magnesium Oxide)	100 mg	24%
Valerian Root	200 mg	†
Chamomile Flower	150 mg	†
Hops Flower	150 mg	†
Skullcap Root Extract	100 mg	†
Passion Flower	100 mg	†
Inositol	100 mg	†
L-Taurine	100 mg	†
† Daily Value not established		

Other Ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silicon dioxide.

Directions: As a dietary supplement for adults, take 2 capsules 30 minutes to 1 hour before bedtime with a full glass of water or as directed by a healthcare professional.

WARNING: Do not take this product if you are pregnant or nursing. Do not drive a motor vehicle or operate heavy machinery when taking this product. Do not use if seal under cap is broken or missing.

Store at room temperature. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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