

NEXT CENTURY NUTRITION™

- Your body needs Calcium to build & maintain strong bones*
- Supports bone, teeth, & muscle health*
- Made with the preferred Calcium Citrate, which is more easily absorbed*

VEGAN



Suggested use:

Adults, take four (4) tablets daily, preferably with food and drink. It is recommended to take two tablets in the morning and two in the afternoon.

FREEDA®

SINCE

1928



Calcium Citrate

BONE & JOINT SUPPORT*



Promotes Healthy Bones*

250 TABLETS

CALCIUM SUPPLEMENT

Supplement Facts

Serving Size: 4 Coated Tablets

Servings Per Container: 62

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	1000 mg	77%

Other ingredients: Microcrystalline cellulose, vegetable magnesium stearate, vegetable glycerin coating, silica, croscarmellose sodium, stearic acid.

Keep out of reach of children. Store in a cool, dry place. Do not expose to excessive heat or moisture. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Questions? Comments?

Please contact us at 1-800-777-3737
Manufactured for:

Freeda Health / Brooklyn, NY 11210
www.freedahealth.com



KOSHER PAREVE



- No Gluten
- No Lactose
- No Artificial Colors
- No Artificial Flavors
- No Animal Derivatives
- No Sugar or Starch
- No Gelatin
- No Yeast

ITEM 0284-2