

ULTRA PURE PROTEIN**

**per 2 scoops

60g ULTRA PURE PROTEIN**

**per 2 scoops

60g ULTRA PURE PROTEIN**

**per 2 scoops

60g ULTRA PURE PROTEIN**

**per 2 scoops

60g

BODY FORTRESS® SUPER ADVANCED WHEY ISOLATE

If you're ready to take your training and nutrition to the next level, then you need a premier protein source to help get you there. Perfect for anyone looking to get more out of their protein supplement, Super Advanced Whey Isolate is an ultra high quality protein designed to provide maximum support for lean muscle, strength and exercise recovery.*

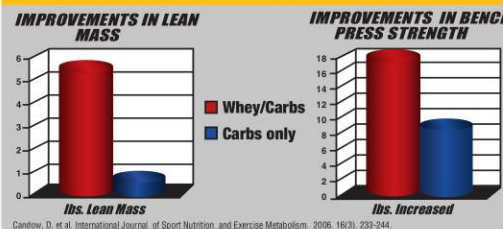
WHAT MAKES BODY FORTRESS® SUPER ADVANCED WHEY ISOLATE WORTH IT:

- 30 grams of protein per scoop with just two grams of carbohydrates.
- Super Advanced Whey Isolate contains protein that is processed using microfiltration to ensure an isolated whey that contains minimal lactose and fat. These isolation processes separate the valuable protein from non-protein materials yielding a highly-purified whey isolate.
- State-of-the-art manufacturing processes are used to retain the active Whey Protein Peptides and Microfractions - some other whey isolate processing methods remove Glycomacropeptides, which are an important protein component.
- Instantized Whey Isolate - to further enhance mixability and dispersion in liquid.
- Delivers a high quality Whey Isolate protein with a high amino acid profile per gram.
- Enhanced with additional free-form amino acids to work synergistically with Whey Isolate's high concentration of aminos.
- 2 scoops contain 9 grams of the following Branched Chain Amino Acids from protein:
 - Which typically provides:
 - Isoleucine 2.52 g
 - Leucine 4.17 g
 - Valine 2.26 g

Whey protein has been relied upon for years by athletes, bodybuilders and anyone looking to get into their best shape. Super Advanced Whey Isolate provides all of the benefits Whey is known for and more by carefully removing more of the fat and lactose that you don't need. By helping to quickly boost protein synthesis while reducing protein breakdown, Super Advanced Whey Isolate helps you get the most out of your workout so you don't waste any of your hard work in and out of the gym.*

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Whey Protein Combined with a Small Amount of Carbs Provides Greater Support for Muscle and Strength Compared to Carbs-Only When Taken During a Six Week Training program.



SUPER ADVANCED WHEY ISOLATE

LEAN MASS AND STRENGTH FUEL*

- > 60g ULTRA PURE PROTEIN**
- > MICROFILTERED FOR FASTER ABSORPTION AND DELIVERY
- > 9 GRAMS OF BCAAs FROM PROTEIN**
- > 98.5% LACTOSE FREE

PROTEIN SUPPLEMENT

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**per 2 scoops

CHOCOLATE

NATURALLY FLAVORED

NET WT. 2 lb. (32 oz.) (907 g)

Contents are sold by weight. Some settling may occur.



Supplement Facts

Amount Per Serving	%Daily Value	
	1 Scoop (36 g) about 25	2 Scoops (72 g) about 13
Calories	130	260
Calories from Fat	10	20
Total Fat	1 g	2 g
Saturated Fat	<0.5 g	1 g
Cholesterol	15 mg	25 mg
Total Carbohydrate	2 g	5 g
Dietary Fiber	1 g	2 g
Sugars	<1 g	1 g
Protein	30 g	60 g
Calcium	55 mg	110 mg
Phosphorus	63 mg	125 mg
Magnesium	25 mg	51 mg
Sodium	90 mg	180 mg
Potassium	190 mg	380 mg

*Percent Daily Values are based on a 2,000 calorie diet.
††Daily Value not established.

Ingredients: Whey Protein Isolate, Super Recovery Blend (Glycine, Taurine, L-Threonine, L-Glutamine, L-Arginine, L-Alanine, L-Lysine Hydrochloride, L-Leucine, L-Isoleucine, L-Valine), Cocoa (processed with alkali), Natural Flavors, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan.

Contains milk, soy and wheat ingredients.

Typical Amino Acid Profile (milligrams per 36 g scoop****)

Essential Amino Acids	Nonessential Amino Acids
Histidine 313 mg	Alanine 949 mg
Isoleucine 1,264 mg	Arginine 430 mg
Leucine 2,086 mg	Aspartic Acid 2,114 mg
Lysine 1,810 mg	Cysteine 466 mg
Methionine 411 mg	Glutamic Acid 3,451 mg
Phenylalanine 592 mg	Glycine 5,838 mg
Threonine 3,279 mg	Proline 1,363 mg
Tryptophan*** 353 mg	Serine 1,363 mg
Valine 1,131 mg	Tyrosine 546 mg

***L-Tryptophan is naturally occurring, not added.
****approximate values



YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop (36 g) to 6-8 ounces of water or your favorite beverage. Serious athletes and bodybuilders should consume 1-2 scoops immediately after exercise.

BLENDER - SIMPLE

Cover and blend for 20-30 seconds. ^^

SHAKER - SIMPLER

Cover and shake for 25-30 seconds.

GLASS & SPOON - SIMPLEST

Stir for 20-30 seconds or until completely blended.

^^ For Mass Gaining: add higher calorie foods such as peanut butter, 1-2% milk, and fruit juices.
For Dieters: add lower calorie foods such as skim milk or just use water.

Please note: Crystalline Taurine will appear as small crystals within the powder.

Body Fortress® Super Advanced Whey Isolate is aspartame free.

FREE OF: yeast, preservatives, artificial color, artificial flavor.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Carefully Manufactured by Healthwatchers (DE), Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

