

Withania Somnifera, commonly known as Ashwagandha is a natural adaptogen. It is supplemented primarily for its ability to prevent anxiety. This high quality ingredient provides a holistic approach for rejuvenating mind and heart.

- ✓ Promotes Immune Vitality[†]
- ✓ Support Against Anxiety & Stress[†]
- ✓ Supports Resistance to Fatigue[†]

[†]These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

Dietary supplement shouldn't be used as a substitute for a varied diet
Natural color variation may occur in this product

Batch No.: ARK/C/0097
Mfg. Date } See bottom
Exp. Date } of the bottle

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in cool, dry place

NOT FOR MEDICINAL USE

Code: HD0017



HerbaDiet

100% NATURAL

ASHWAGANDHA
with **BIOPERINE**[®]

NATURAL ADAPTOGEN & ANTI-OXIDANT

Dietary Supplement



Non-GMO

DIRECTIONS FOR USE: Take 1 capsule twice a day, preferably with meals or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 1 capsule

Serving per container: 60

Amount Per Serving

Ashwagandha Root Extract (<i>Withania Somnifera</i>)	250 mg
<small>(Standardised to contain min. 20% Withanolides)</small>	
Organic Ashwagandha Root (<i>Withania Somnifera</i>)	100 mg
Bioperine [®] Black Pepper Fruit Extract (<i>Piper Nigrum</i>)	5 mg
<small>(Standardized to contain min. 95% Piperine)</small>	

% Daily Value Not Established

Other Ingredients: Vegetable Cellulose Shell (HPMC) (INS 464)
Suitable For Vegetarians And Vegans

FREE OF PRESERVATIVES, BINDERS, GLUTEN, ARTIFICIAL INGREDIENTS, DAIRY, SOY, WHEAT, YEAST

EVERY BATCH 3RD PARTY LAB TESTED

Distributed By
ARKURE HEALTH CARE
Haryana, INDIA
www.herbadiet.in

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