

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

One tablet daily, during or immediately after a meal, or as directed by a healthcare professional. If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare professional before use. Store below 25°C (77°F) in a cool, dry place. Do not use if inner seal is broken.

RECOMMENDED USE:



ULTIVITE®

WOMEN'S 50+ MULTIVITAMIN



SUPPORTS ENERGY PRODUCTION,
HEALTHY MENTAL PERFORMANCE
& IMMUNE FUNCTION*

BASED ON SCIENTIFIC EVIDENCE

60 TABLETS
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving		% DV
Total Carbohydrate	<1g	<1%**
Dietary Fiber	<1g	1%**
Vitamin A (vitamin A acetate)	750 mcg RAE	83%
Vitamin C (from calcium ascorbate dihydrate)	165.3 mg	184%
Vitamin D (cholecalciferol)	5 mcg	25%
Vitamin E (d-alpha tocopheryl acid succinate)	10.8 mg	72%
Vitamin K (phylomenadione)	60 mcg	120%
Thiamin (thiamin hydrochloride)	26.8 mg	2233%
Riboflavin	30 mg	2308%
Niacin (nicotinamide)	20 mg NE	125%
Vitamin B ₆ (from pyridoxine hydrochloride)	24.68 mg	1451%
Folate (500 mcg Folic Acid)	833 mcg DFE	208%
Vitamin B ₁₂ (as cyanocobalamin)	115 mcg	4792%
Biotin	150 mcg	500%
Pantothenic Acid (from calcium pantothenate)	64.13 mg	1283%
Calcium (from calcium orotate / calcium pantothenate / calcium ascorbate dihydrate)	34.7 mg	3%
Iron (from ferrous fumarate / iron oxides)	7 mg	39%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium aspartate dihydrate / magnesium stearate)	7.5 mg	2%†
Zinc (from zinc glycinate chelate)	15 mg	136%
Selenium (from selenomethionine)	26 mcg	47%
Copper (from copper gluconate)	1.2 mg	133%
Manganese (from manganese glycinate chelate)	3 mg	130%
Chromium (from chromium picolinate)	50 mcg	143%
Molybdenum (from molybdenum glycinate chelate)	45 mcg	100%

Amount Per Serving		% DV
Citrus Bioflavonoids Extract	20 mg	†
Coenzyme Q10 (ubidecarenone)	2 mg	†
Phosphatidylserine (from soy lecithin)	2 mg	†
Lutein (from Tagetes erecta)	1 mg	†
Silicon (from silicon dioxide)	30 mg	†
Cranberry (Vaccinium macrocarpon) (fruit) extract (50:1)	8 mg	†
Skullcap (Scutellaria baicalensis) (herb) standardized extract	500 mcg	†
Stinging nettle (Urtica dioica) (leaf) extract (4:1)	1 mg	†
Hawthorn (Crataegus monogyna Jacq./ Crataegus laevigata (Poir.)) (fruit) extract (3-6:1)	1 mg	†
Artichoke (Cynara scolymus) (leaf) extract (4:1)	500 mcg	†
Black cohosh (Actaea racemosa) (root) standardized extract	40 mg	†
Ashwagandha (Withania somnifera) (root) extract (15:1)	5 mg	†
Milk thistle (Silybum marianum) (seed) standardized extract	21.43 mg	†
Ginkgo biloba (leaf) standardized extract	20 mg	†
Turmeric (Curcuma longa L.) (rhizome) extract (60:1)	5 mg	†
Grape (Vitis vinifera) (seed) standardized extract	8.33 mg	†
Brahmi (Bacopa monnieri) (herb) standardized extract	1.25 mg	†
Bilberry (Vaccinium myrtillus) (fruit) standardized extract	1 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Contains less than 2% of the Daily Value of this nutrient.

‡Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, coating (hydroxypropyl methylcellulose, polydextrose, titanium dioxide, talc, maltodextrin, red iron oxide, medium chain triglycerides, yellow iron oxide, black iron oxide), silicon dioxide, croscarmellose sodium, magnesium stearate (vegetable), spearmint oil.

Manufactured for:

Health and Happiness (H&H) Inc.

Culver City, CA 90232, USA

Made in USA

Questions? Call Toll-free 1-855-979-4773

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