

Why Take Friendly Bacteria Probiotic?

There are many microbial depleting factors such as antibiotics, junk foods and stress. Adding probiotics to our diet supports better digestion and nutrient absorption from the food we are already eating.

What Is Different About This Product?

Through our proprietary manufacturing process, the microorganisms become a small eco-system - much more resilient and capable of working together synergistically. The selected strains are grown in a process of co-growth that combines multiple strains during production. Therefore, each strain is interacting with other strains in its liquid form.

How to Take Friendly Bacteria Probiotic?

Many people take probiotics on a rotational basis. This may be ongoing for two months, with a one-month break from the product. Once your friendly bacteria are replenished, there will be some continual loss of microbial life through your elimination. However, periodic consumption of this product can assist with replenishment.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*Notes on molasses and berry juices.

Both of these are used to grow the microbes during fermentation. For people concerned about glycemic indexes, diabetes or are trying to avoid sugar, the sugars are fully digested by the microbes and will not cause blood sugar spikes nor will the product increase any other sugar-related issues.

100% Natural:

Ingredient settling or floating may occur and does not impact product quality. Shake gently before use. Do not use if the seal is broken. Store closed at room temperature. Keep out of reach of children.



FRIENDLY BACTERIA PROBIOTIC

LIQUID

12 Live Probiotic Strains
Supports Healthy
Digestion†

16.3 fl oz
(32 doses)

Dr. Berg
Nutritionals

ONE MONTH SUPPLY PROBIOTIC SUPPLEMENT

Directions: Adults and Children 12 and up: Mix 1 tbsp with water, yogurt or kefir daily (before bed). Children 2 to 12: Mix 1 tsp with water or favorite beverage daily.

Supplement Facts

Serving size: 1 tbsp (15 ml)

Servings per bottle: 32

	Amount per serving	% DV*
Calories	0	
Total Carbohydrates	0.5 g	<1%
Sodium	35 mg	<1%

Friendly Bacteria

Probiotic Blend 15 g

Lactobacillus fermentum, *Bacillus subtilis*,
Bifidobacterium animalis, *Bifidobacterium bifidum*,
Bifidobacterium longum, *Lactobacillus acidophilus*,
Lactobacillus bulgaricus, *Lactobacillus casei*,
Lactobacillus plantarum, *Lactococcus lactis*,
Saccharomyces cerevisiae and *Streptococcus thermophilus*.

Contains 1×10^9 (one billion) live bacteria when manufactured, and provides an effective level of bacteria (4.5×10^7) until at least the "Best by" date.

% Daily Value (DV) not established.

Other ingredients: Liquid fermentation product of water, organic sugarcane molasses, organic juice concentrates (blueberry, cherry, pomegranate)



Distributed by:
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