

Thank you for choosing LIDTKE Curcumin Complete, the most clinically studied curcumin. Extensive research shows curcuminoids with BioPerine® ...

- Promote Anti-inflammatory Health*
- Support a Healthy Immune System*
- Promote Cardiovascular Health*
- Speed and Enhance Absorption*

LIDTKE sincerely wishes the best of health for you and your family, and we guarantee customer satisfaction for 365 days from the date of purchase.

Best by:

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: KEEP OUT OF REACH OF CHILDREN. If you are pregnant, lactating, taking any medications, or have a medical condition, consult your doctor. Discontinue use if adverse reaction occurs. Do not use if seal is damaged or missing. Keep lid tightly closed. Keep in a cool, dry place.

 **BIOPERINE®**

Curcumin C3 complex and BioPerine are the registered trademark of Sabinsa Corporation.



LIDTKE®

Superb Quality Since 1994

CURCUMIN COMPLETE 95

with BioPerine®
FOR HIGH ABSORPTION



90 CAPSULES • ANTI-INFLAMMATORY • 95% CURCUMINOIDS • PATENTED

DIETARY SUPPLEMENT

DIRECTIONS (Adults): Take one (1) capsule (3) three times daily, with or without food or as directed by your doctor.

Supplement Facts

Serving Size: **1 capsule** Servings per container: **90**

Amount Per Serving	% Daily Value*
Curcumin C3 Complex® 500 mg from Turmeric root (<i>Curcuma longa</i>) Standardized to >95% Curcuminoids	**
BioPerine® from Black pepper fruit extract (<i>Piper nigrum</i>)	5 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other ingredients: gelatin capsule.

No added gluten, yeast, wheat, soy, milk, eggs, nuts, fish, shellfish, sugar, preservatives, artificial color or flavor, or other common allergens. **NON-GMO.**

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Adverse events may be reported above. 0466-R0720