

SUGGESTED USE: As a dietary supplement, take 2 capsules per day, in the morning, with or without food. Also, 1 capsule can be taken before exercise with or without food.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by **Dr. Eric Berg DC**
To reorder: shop.drberg.com (800-816-8184)

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Rev. US 02



Dr. Berg

THE KNOWLEDGE DOC™

DIETARY SUPPLEMENT

KETO ENERGY[†]

Supports healthy mitochondria,
aids in improving energy level[†]

60

VEGETABLE
CAPSULES

Supplement Facts

Serving size: 2 vegetable capsules
Servings per container: 30

	Amount per Serving	%DV*
Vitamin A (from carrot)	450 mcg RAE	50%
Vitamin C (from orange, blueberry, cranberry, apple, beet and strawberry)	30 mg	33%
Vitamin D (from shiitake mushroom)	10 mcg	50%
Vitamin E (from tomato)	7.50 mg	50%
Vitamin K1 (from spinach)	40 mcg	33%
Vitamin B1 (thiamine; from orange 0.75 mg, as thiamine pyrophosphate 2 mg, as benfotiamine 100 mg)	102.75 mg	8563%
Vitamin B2 (riboflavin; from broccoli)	0.85 mg	66%
Vitamin B3 (niacin; from tomato)	10 mg	62.5%
Vitamin B5 (pantothenic acid; from shiitake mushroom)	5 mg	100%
Vitamin B6 (pyridoxine; from carrot)	1 mg	59%
Vitamin B7 (biotin; from spinach and shiitake mushroom)	150 mcg	500%
Vitamin B9 (folate; from spinach and beet)	0.200 mg DFE	> 1%
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%
Magnesium (from magnesium Krebs cycle powder)	50 mg	12%
Potassium (from potassium Krebs cycle powder and beet)	50 mg	**
Alpha-lipoic acid	200 mg	**
Nutritional yeast	150 mg	**
Proprietary whole food blend (spinach, broccoli, carrot, beet, tomato, shiitake mushroom, apple, cranberry, orange, blueberry and strawberry)	225 mg	**

*Percent Daily Values are based on a 2000 calorie diet.

** Daily Value not established.

Other ingredients: Vegetable capsule, microcrystalline cellulose, magnesium stearate (vegetable source)