

SUGGESTED USE: Mix 1 scoop in a 16 ounce glass of water. Dr. Berg's Electrolyte Sports Drink provides the perfect balance of electrolytes with no added sugar and zero maltodextrin. This product supports hydration, muscle recovery and healthy energy levels.

WARNING: Consult your physician before using, especially if you have kidney disease, low pulse rate, or hyperkalemia (high blood potassium). One study did show a risk of small-bowel lesions related to the use of oral drug products containing high amounts of potassium chloride; however, our product uses potassium citrate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE WITH A LID. KEEP OUT OF REACH OF CHILDREN.

Developed and distributed by
Dr. Eric Berg DC



To reorder: www.DrBerg.com
(800-816-8184)

Dr. Berg Nutritionals
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ELECTROLYTE SPORTS DRINK

HYDRATING
DIETARY SUPPLEMENT

Raspberry & Lemon
Natural flavor

No sugar, no maltodextrin,
No artificial anything!

45 SERVINGS

Net.Wt. 324 grams / 0.714 lbs



Supplement Facts

Serving size: 1 scoop approx. (7.2g/0.24oz)
Servings per container: 45

	Amount Per Serving	% Daily Value*
Calcium (from Calcium Lactate)	75mg	6%
Magnesium (from Magnesium Citrate)	120mg	29%
Chloride (from Pink Himalayan Salt)	75mg	3%
Sodium (from Pink Himalayan Salt)	50mg	2%
Potassium (from Potassium Citrate)	1,000mg	21%
Trace Mineral Complex	100mg	†

† Daily Value not established.

Other Ingredients: Natural Raspberry and Lemon flavors, Citric Acid (Non GMO form), Malic Acid, Stevia.

*Percent Daily Value is based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.