

X002548DPJ

SUGGESTED USE: As a dietary supplement, take one (1) capsule daily with a meal or as recommended by your health professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

- **SUPPORTS HEALTHY ENERGY & METABOLISM LEVELS[†]**
- **SUPPORTS NERVOUS SYSTEM HEALTH[†]**

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MANUFACTURED EXCLUSIVELY FOR:

1 Body

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VITAMIN B COMPLEX

DIETARY SUPPLEMENT



60 VEGAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Thiamin (as Thiamin HCl) (Vitamin B ₁)	25mg	2,083%
Riboflavin (as riboflavin & riboflavin-5'-phosphate) (Vitamin B ₂)	25mg	1,923%
Niacin (as inositol hexaniacinate) (Vitamin B ₃)	20mg	167%
Pantothenic Acid (as calcium D-pantothenate)	10mg	200%
Vitamin B ₆ (as pyridoxine HCl & pyridoxal-5'-phosphate)	5mg	385%
L-Methyltetrahydrofolate (as Magnafolate brand) (6S)-5-Methyltetrahydrofolate, glucosamine salt)	800mcg	200%
Biotin	500mcg	1,667%
Vitamin B ₁₂ (as methylcobalamin)	100mcg	5,556%
Choline Bitartrate	250mg	*
Inositol	250mg	*

*** DAILY VALUE NOT ESTABLISHED**

Other Ingredients: Vegetable capsule contains purified water and hypromellose.