

Supplement Facts

Serving size: 1 capsule

Servings per container: 250

	Amount per Serving	% DV*
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Proprietary blend	450 mg	**
Organic freeze-dried beet (root)		
Organic freeze-dried Brussels sprout (sprout)		
Organic freeze-dried collard green (leaf)		
Organic freeze-dried asparagus (shoot & stem)		
Organic freeze-dried kale (leaf)		
Organic freeze-dried parsley (leaf)		
Organic freeze-dried (root)		
Organic freeze-dried cabbage (leaf)		
Organic freeze-dried garlic (bulb)		
Organic freeze-dried turmeric (root & rhizome)		
Organic freeze-dried kelp powder		

*Percent Daily values are based on a 2000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), silica, magnesium stearate (vegetable source).



Dr. Berg

THE KNOWLEDGE DOC™

CRUCIFEROUS SUPERFOOD

PHYTONUTRIENT
COMPLEX†

250 VEGETARIAN
CAPSULES
DIETARY SUPPLEMENT



Dr. Berg Nutritionals™

SUGGESTED USE: As a dietary supplement, take 1-2 capsules, 3 times per day.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement. Avoid taking, if you experience bloating from these types of vegetables.

This food product contains a highly concentrated phytonutrient blend of 10 cruciferous and other vegetables. Research on cruciferous vegetables may indicate many positive benefits in liver, immune and hormone health.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Developed and distributed by

Dr. Eric Berg DC

To reorder:

www.DrBerg.com (800-816-8184)

Dr. Berg Nutritionals:

4501 Ford Avenue, Alexandria, VA 22302

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.



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