

**SUGGESTED USE:** As a dietary supplement, take 2 capsules daily preferably with food or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition. If you are taking medication or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

**MANUFACTURED FOR:** 24 Bio

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VEGETABLE  
CAPSULES

24 bio



RELAX

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SUPPLEMENT

100%  
NATURAL  
PRODUCT

## Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 30

|                                                  | Amount Per Serving | %DV  |
|--------------------------------------------------|--------------------|------|
| Thiamine (Vitamin B1 (as Thiamine HCl))          | 10 mg              | 667% |
| Riboflavin (Vitamin B2)                          | 10 mg              | 588% |
| Pantothenic Acid (Vitamin B5)                    | 10 mg              | 100% |
| (as d-Calcium Panthothenate)                     |                    |      |
| Pyridoxine (Vitamin B6) (as Pyridoxine HCl)      | 10 mg              | 500% |
| Biotin                                           | 300 mcg            | 100% |
| Calcium (as Calcium Citrate)                     | 50 mg              | 5%   |
| Magnesium                                        | 100 mg             | 50%  |
| (as Magnesium Oxide and Magnesium Aspartate)     |                    |      |
| Rhodiola Rosea 3% Extract                        | 200 mg             | †    |
| (standardized to 3% Rosavins and 1% Salidroside) |                    |      |
| Gotu Kola 10% Extract (Centella Asiatica)        | 25 mg              | †    |
| (standardized to 10% Triterpenes)                |                    |      |

† Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Vegetable Capsule, Magnesium Stearate, and Silica.