

SUGGESTED USE: As a dietary supplement, take 2 capsules daily preferably with food 1 to 2 hours prior to bed or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition. If you are taking medication or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

MANUFACTURED FOR: 24 Bio
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24 bio



**SLEEP
AID**

DIETARY
SUPPLEMENT

60
VEGETABLE
CAPSULES

100%
NATURAL
PRODUCT



Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Thiamine (Vitamin B1) (as Thiamine HCl)	10 mg	667%
Riboflavin (Vitamin B2)	10 mg	588%
Pyridoxine (Vitamin B6) (as Pyridoxine HCl)	10 mg	500%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B5) (as D-Calcium Panthothenate)	10 mg	100%
Calcium (as Calcium Citrate)	100 mg	10%
Magnesium (as Magnesium Oxide)	300 mg	75%
Valerian Root 4:1 Extract	200 mg	†
Passion Flower 4:1 Extract	100 mg	†

† Daily Value not established.

Other Ingredients: Vegetable Capsule, Microcrystalline Cellulose, Magnesium Stearate, and Silica.