suggested use: As a dietary supplement, take 2 capsules daily preferably with food or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose this product is not intended for pregnat or nursing nothers, children under the age of 18 or nursing nothers, children under the age of 18 or you are taking medication or have questions about the advisability of taking this product, consult your physician prior to use. This product is marufactured and packaged in a facility which may also process milk, soy, wheat etg. Paints, tree nuts, fish and crusticans hellich.

"These statements have not been evaluated by the Foot and Drug Administration. This product is not intended to diagnose treat and product is not intended.

Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

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## 24 bio



HAIR AND NAIL



DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 2 Vegetable Capsules Servings Per Container: 30

Amount Par Coning MOW

Vitamin A (as Retinyl Palmitate) \_\_\_\_\_\_\_3000 IU \_\_60% Vitamin E (as d-Alpha Tocopherol Succinate) 200 IU667% Biotin \_\_\_\_\_\_1000 mcg \_ 333%

† Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Capsule, and Magnesium Stearate.







Thus or